

## Whole Grain Spaghetti with Fresh Vegetables

Makes: 100 servings

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		3
Ingredients	Weight	Measure
Whole Grain Spaghetti		20 boxes
Extra virgin olive oil		2 cups
Garlic		10 cloves
White onion, finely		10 small
chopped		
Zucchini, diced small		10 small
Yellow squash, diced		10 small
small		
Asparagus, cut into 1-inch		10 medium
pieces		
Yellow bell peppers,		10 medium
julienne		
Cherry tomatoes, halved		10 pints
Salt		to taste
Freshly ground black		to taste
pepper		
Fresh basil, torn		20 leaves

## **Directions**

- 1. Cook pasta according to package directions.
- 2. Meanwhile, heat olive oil in a large skillet. Using the side of a knife, gently press and peel the garlic and saute in skillet for 1 minute until slightly brown.
- 3. Add onion and saute for 5 minutes, until translucent.
- 4. Add bell pepper, zucchini, yellow squash, and asparagus and saute until heated but not completely cooked.
- 5. Add tomatoes, season with salt and pepper and saute for 2 additional minutes.
- 6. Drain pasta, add to skillet and toss with basil before serving.